



1. Bubble Bonanza

Create a bubble station with a variety of bubble wands. Adults can blow bubbles while the babies chase and pop them. It's a simple and magical activity that delights both age groups.

2. Musical Mats

Place mats in a circle. When the music plays, everyone (babies and adults) moves around the mats. When the music stops, everyone finds a mat to sit on. No one is "out" to keep it fun and stress-free.

3. Parachute Play

Gather around the parachute with babies and adults holding the edges. Lift it up and down to create waves, play peek-a-boo underneath, or toss soft balls onto the parachute and watch them bounce.

4. Treasure Hunt

Hide baby-safe toys and objects around a designated area. Adults can help babies search and collect the treasures in small containers. Celebrate each find with applause and cheers.



5. Sing-Along Circle

Form a circle and sing classic children's songs. Adults can lead the singing and use simple instruments while encouraging babies to clap, dance, or move to the rhythm.

6. Ball Pit Fun

Fill an inflatable pool with plastic balls to create a ball pit. Adults can join babies in the pit, playing gently by tossing balls around and helping the little ones explore.

7. Peek-a-Boo Station

Set up an area where adults can play peek-a-boo with the babies using scarves or blankets. Take turns hiding behind the scarves and popping out to surprise the babies.

8. Art Station

Lay out large sheets of paper and provide non-toxic crayons or finger paints. Adults can guide babies in making their first artwork, creating a memorable keepsake from the party.

9. Story Time

Create a cozy corner with pillows and soft blankets. Adults can take turns reading picture books to the babies, engaging them with expressive voices and showing them the colorful illustrations.

10. Dance Party

Play lively, upbeat music and have a dance party. Adults can hold the babies and dance around, or encourage the babies to move and groove on their own. It's a fun way to get everyone moving.

